



# Taking Steps to Healthy Success

## An Early Care and Education (ECE) Learning Collaborative to Promote Healthy Eating and Physical Activity

Together we can help our children reach their potential by sharing ways to eat healthier, move more and grow up healthy and ready to learn!

### Participating Program Benefits:

- Resources to support your work
- Technical assistance and mentoring for program staff
- New training techniques using an onsite video education program
- Opportunity to be a part of a network committed to children's health and well-being
- Professional development training hours
- Nemours is authorized by IACET to offer up to 3 CEU's for this program
- Bonus points on QRIS for Orange County ECE programs
- \$500.00 stipend/program

### Who Is Eligible:

- ECE programs located in the Central Florida area
- Head Start, Early Head Start, Migrant Seasonal Head Start/Early Head Start programs

### Program Involvement:

- Five (5) in-person Learning Sessions per year with your self-defined leadership team
- Coaching, mentoring and staff development opportunities between learning sessions
- ECE program-developed action plan for improvement



"Nemours has been accredited as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102; (703) 506-3275."

### READY TO TAKE THE NEXT STEP?

**For more information, please contact:**  
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