



FIVE TO THRIVE FOOD DRIVE

Your personal toolkit to making your collection box.

Step 1. Find a decent sized box. This will be holding all of your donations so make sure it will be large and sturdy enough for the job! You may use a cardboard box, an old trunk, a plastic container, etc.



Step 2. Decorate the box to reflect the organization. For example, you might use company colors or logos. Attached are some images you may like to use.

Step 3. Add some personal touches to the box to make it your own! This could include stickers, wrapping paper, glitter, jewels, etc. Be creative and have fun!



Step 4. Don't forget to have an opening large enough for people to leave donations.

Step 5. Place your donation box out for people to see and make their donations.

Step 6. Drop off your donations at the ELCOC's Five to Thrive Collection Event on Friday, March 27th any time from 9:30am – 4:30pm.



For more information please contact
volunteer@elcoc.org or call 407-841-6607

7700 Southland Blvd., Suite 100 Orlando, FL 32809 | 407-841-6607 | elcoc.org



FIVE TO THRIVE FOOD DRIVE

Did you know that the infant and toddler foods in many food banks are the first to go and often go un-replenished?

Join the **Early Learning Coalition of Orange County** for our **FIVE to THRIVE Food Drive**. You can make a difference by helping to ensure children ages birth-to-five receive the proper nutrition so they can thrive in life.

HOW CAN YOU HELP?

1. Help fill this box with Infant & Toddler foods!

Infants Food:

- Powdered infant milk or soy-based formulas (WIC-approved preferred)
- Baby cereal
- Baby fruits (single-ingredient preferred)
- Baby vegetables (single-ingredient preferred)
- Baby meats (no meat sticks)

Toddlers Food:

- Shelf-stable white whole milk for 1 year-olds
- Shelf-stable 1% (low fat)
- Skim milk for 2-year olds and up
- Shelf-stable soy milk
- Canned fruits, preferable packed in juice with no added sugar
- Canned vegetables, preferably low sodium or no salt added
- Canned beans, such as black, red, pink, pinto beans, black-eyed peas, pigeon peas, garbanzos
- Shelf-stable foods designed for toddlers such as Stage 3, Graduates, etc.

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2. To make a monetary donation and for more information visit:

<http://elcoforangecounty.org/get-involved/five-to-thrive-food-drive/>

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JOIN OUR VIRTUAL FOOD DRIVE TODAY!

\$10 provides infant cereal, vegetables, & fruit

\$20 provides cereal, vegetables, and infant meats.

\$50 provides infant formula, toddler fruits, & vegetables.

\$75 provides specialized infant formula such as soy-based formulas.

\$100 provides shelf-stable toddler foods.



TO DONATE, GO TO:

<http://elcoforangecounty.org/get-involved/five-to-thrive-food-drive/>



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