



# FIVE TO THRIVE FOOD DRIVE

Your personal toolkit to making your collection box.

**Step 1.** Find a decent sized box. This will be holding all of your donations so make sure it will be large and sturdy enough for the job! You may use a cardboard box, an old trunk, a plastic container, etc.



**Step 2.** Decorate the box to reflect the organization. For example, you might use company colors or logos. Attached are some images you may like to use.

**Step 3.** Add some personal touches to the box to make it your own! This could include stickers, wrapping paper, glitter, jewels, etc. Be creative and have fun!



**Step 4.** Don't forget to have an opening large enough for people to leave donations.

**Step 5.** Place your donation box out for people to see and make their donations.

**Step 6.** Drop off your donations at the ELCOC's Five to Thrive Collection Event on Friday, March 27th any time from 9:30am – 4:30pm.



For more information please contact  
[volunteer@elcoc.org](mailto:volunteer@elcoc.org) or call 407-841-6607

7700 Southland Blvd., Suite 100 Orlando, FL 32809 | 407-841-6607 | [elcoc.org](http://elcoc.org)



## **FIVE TO THRIVE FOOD DRIVE**

**Did you know that the infant and toddler foods in many food banks are the first to go and often go un-replenished?**

Join the **Early Learning Coalition of Orange County** for our **FIVE to THRIVE Food Drive**. You can make a difference by helping to ensure children ages birth-to-five receive the proper nutrition so they can thrive in life.

### **HOW CAN YOU HELP?**

#### **1. Help fill this box with Infant & Toddler foods!**

##### **Infants Foods:**

- Powdered infant milk or soy-based formulas (WIC-approved preferred)
- Baby cereal
- Baby fruits (single-ingredient preferred)
- Baby vegetables (single-ingredient preferred)
- Baby meats (no meat sticks)

##### **Toddlers Foods:**

- Shelf-stable white whole milk for 1 year-olds
- Shelf-stable 1% (low fat)
- Skim milk for 2-year olds and up
- Shelf-stable soy milk
- Canned fruits, preferable packed in juice with no added sugar
- Canned vegetables, preferably low sodium or no salt added
- Canned beans, such as black, red, pink, pinto beans, black-eyed peas, pigeon peas, garbanzos
- Shelf-stable foods, designed for toddlers such as Stage 3, Graduates, etc.

**Drop off your donations at the ELCOC's Five to Thrive Collection Event on Friday, March 27th any time from 9:30am - 4:30pm.**

#### **2. To make a monetary donation and for more information visit:**

<http://elcoforangecounty.org/get-involved/five-to-thrive-food-drive/>

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Join the **Early Learning Coalition of Orange County** for our **FIVE to THRIVE Food Drive**. You can make a difference by helping to ensure children ages birth-to-five receive the proper nutrition so they can thrive in life.

### JOIN OUR VIRTUAL FOOD DRIVE TODAY!

**\$10** provides infant cereal, vegetables, & fruit

**\$20** provides cereal, vegetables, and infant meats.

**\$50** provides infant formula, toddler fruits, & vegetables.

**\$75** provides specialized infant formula such as soy-based formulas.

**\$100** provides shelf-stable toddler foods.



### TO DONATE, GO TO:

<http://elcoforangecounty.org/get-involved/five-to-thrive-food-drive/>



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