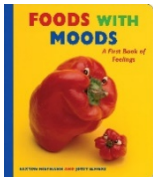
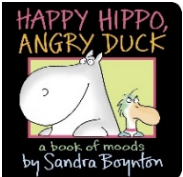
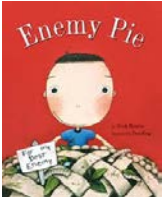
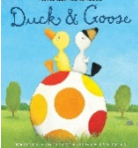
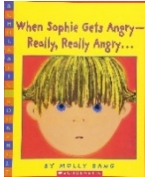




## Parent Extended Learning Opportunities

Week of April 13-17, 2020

Focus: “Let’s Talk About Feelings and Cooperation”

Monday	Tuesday	Wednesday	Thursday	Friday
<h3>Story Reading</h3> <p>Story time is a great way to bond with your child and to build your child’s comprehension skills!</p>				
<p><b>Recommended Reading:</b>            “How Are You Peeling? Foods with Moods”            By Saxton Freymann and Joost Elffers</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Read through the story a second time, encourage children to use their face to express the same feelings as the foods in the story.</p>	<p><b>Recommended Reading:</b>            “Happy Hippo, Angry Duck”            By Sandra Boynton</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> After reading, allow children to practice their emotions using a small plastic mirror. Next, cheerfully sing a round of “If you’re happy and you know it”, incorporating different body parts.</p>	<p><b>Recommended Reading:</b>            “Enemy Pie”            By Derek Munson</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Before reading, ask children, “Do you have a best friend?” If yes, who and why? If no, why not? Have a discussion about what is the opposite of a friend.</p>	<p><b>Recommended Reading:</b>            “Duck &amp; Goose”            By Tad Hills</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Help children to cut a large circle out of white paper. To create your own polka dots, use circle stickers, crayons, markers, paint, etc. Then discuss 3 activities that your children would like to do outside with their ball.</p>	<p><b>Recommended Reading:</b>            “When Sophie Gets Angry—Really, Really Angry...”            By Molly Bang</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> After reading, ask children “What makes you really, really angry?” “What helps you to calm down?” Have children repeat throughout the day: “I am happy. I am friendly. I am kind”.</p>
<p><b>Virtual Field Trips</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Ducks and Geese</a></li> <li>• <a href="#">Kidvision Pre-K Virtual Field Trips</a></li> <li>• <a href="#">Seattle Aquarium Virtual Field Trip</a></li> </ul>		<p><b>Music and Movement</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Caring for Each Other Playlist</a></li> <li>• <a href="#">Feelings and Emotions</a></li> <li>• <a href="#">Emotions Hokey Pokey</a></li> <li>• <a href="#">Let’s Cooperate!</a></li> </ul>

## ***Outdoor/Indoor Play***

Play is a natural way for young children to discover and make sense of the world around them.

**Infants:** Provide a space for your infant to explore, crawl, pull-up, etc. Be sure that the space is safe and clutter free.

**Toddlers:** Play 'I spy' (keep it simple, "I spy something blue", "I spy something that moves").

**Preschoolers:** Take a nature walk with an adult and see how many insects you can find. Talk about each insect, upon discovery.

**Infants:** Build an obstacle course using pillows or couch cushions on the floor to provide an extra challenge for your crawling baby.

**Toddlers:** Collect rocks or leaves, and then sort them by size, color, and shape.

**Preschoolers:** Encourage children to watch the changing clouds. Challenge them to find animal shapes in the clouds.

**Infants:** Babies love the sound of your voice. Sing a song to your baby to calm and/or soothe him/her.

**Toddlers:** Dig in the dirt! Don't forget buckets, bowls, measuring cups, spoons, gardening tools, whatever you have.

**Preschoolers:** Create your own pie using instant pudding, small graham cracker shells topped with whipped cream.

**Infants:** Spend some face-to-face time with your baby, allowing them to touch your face

**Toddlers:** Blow bubbles and see if you can catch them!

**Preschoolers:** Have children observe their shadow and discuss similarities and differences in their shadow and that of a friend

**Infants:** Give your baby some much needed "tummy time" to strengthen your baby's neck and upper-body muscles.

**Toddlers:** Play a game of "Shadow Tag." Try to touch the shadow of a friend/adult.

**Preschoolers:** Give yourself a big [self-hug with Abby Cadabby](#) and [make a glitter jar](#) to help with managing your emotions.

## **ADDITIONAL RESOURCES**

### *Let's Celebrate!*



Week of the Young Child -  
April 11-17, 2020. The Week of  
the Young Child™ is an annual

celebration hosted by the National Association for the  
Education of Young Children (NAEYC) celebrating early  
learning, young children, their teachers, and families.

[Link](#)

### *Parents*



Article: ["Perhaps It's Time for Some Laughter  
Yoga"](#)

Video: ["A Moment to Yourself"](#)

[Potty Training Tips](#) and Interactive [Potty Game](#)

Article: ["Answering Your Child's Questions About  
Coronavirus"](#)

### *School Age*

[PBS Kids](#) – Educacional  
games and videos for kids

[BrainPop](#)- Animated movies  
and interactive activities for K-  
12<sup>th</sup>

[BrianPop for English](#)

[Language Learners](#)- English Language instruction  
for all ages

[BrainPop Jr.](#)- Animated movies and interactive  
activities for K-3<sup>rd</sup>



