

# Diapering

Phase One for Infants



Diapering is an essential part of the day. During changing routines, it is important to follow sanitary regulations to ensure the safety of all infants and yourself. Before diapering wash your hands and wash the hands of the infant, you are changing for 20 seconds. Be sure to prepare yourself to change the infant by getting all materials ready and putting your gloves on. You will then proceed by following the steps below:

1

**First:**

Take the infant's dirty diaper off and proceed to clean the infant.

2

**Second:**

Remove trash (soiled diaper and wipes)

3

**Third:**

Replace the infant's diaper with a clean one.

4

**Fourth:**

Wash the infant's hands (20 seconds)

After you have followed the steps above, disinfect the diapering area with a fragrance-free bleach or disinfecting solution. If the surface is dirty, it should be cleaned with detergent or soap and water prior to disinfection. Then wash your hands for at least 20 seconds. During the diapering procedure, you should keep the infant engaged by singing and talking.

\*There should only be 4 infants per changing table. If a classroom only has one changing table, the maximum number of infants allowed in that classroom is 4.

# Diapering

Phase Two for Infants



Much like Phase 1, it is critical to follow sanitary regulations while diapering. Before you begin the process wash your hands and wash the hands of the infant, you are changing for 20 seconds. Prepare yourself to change the infant by getting all materials ready and putting your gloves on. You will then proceed by following the steps below:

1

**First:**

Take the infant's dirty diaper off and proceed to clean the infant.

2

**Second:**

Remove trash (soiled diaper and wipes)

3

**Third:**

Replace the infant's diaper with a clean one.

4

**Fourth:**

Wash the infant's hands (20 seconds)

After you have followed the steps above, disinfect the diapering area with a fragrance-free bleach or disinfecting solution. If the surface is dirty, it should be cleaned with detergent or soap and water prior to disinfection. Then wash your hands for at least 20 seconds. During the diapering procedure, you should keep the infant engaged by singing and talking.