

Handwashing

Preschool Children

Phase 1 & 2



Guidelines for Handwashing with Preschool Children

When working with preschool age children, procedures for handwashing will keep you & your children safe.

Handwashing should take place during routines such as arrival, meal preparation/feeding and dealing with bodily fluids. Childcare staff model appropriate handwashing and assist Preschool aged children as needed.

1

Wet Hands with clean running water, turn off tap.

2

Lather by rubbing hands with soap, including back of hands & between fingers.

3

Scrub for 20 seconds-sing "Happy Birthday" twice.

4

Rinse hands under running water, dry with paper towel, use towel to turn off tap.

All children, staff, and volunteers should engage in hand hygiene at the following times:

- Arrival to the facility and after breaks
- Before and after preparing food or drinks or feeding children
- Before and after administering medication or medical ointment
- Before and after using the toilet or helping a child use the bathroom
- After encountering bodily fluid (wiping noses/changing soiled clothing)
- After playing outdoors
- Wash hands with soap and water for at least 20 seconds.
- Model appropriate handwashing and assist children with handwashing Assist children with handwashing, after assisting children with handwashing, staff should also wash their hands

