

# Outdoor Play

Phase 1 & 2 Guidelines for  
Infants



## Procedures for Outdoor Play:

Outdoor play is an essential part of every child's day. These guidelines will help you to maintain a safe and healthy outdoor play area for infants in your care.

1

### Keep Groups Separate

Only one group at a time on the playground.

2

### Maintain Social Distancing

Keep distance between children whenever possible.

3

### Limit Equipment

Do not use playground structures **unless** they can be cleaned and disinfected after use.

4

### Clean, Sanitize & Disinfect

Clean all equipment and toys after each group's use.

Keep groups of children separate while moving to the outdoor play area. Stagger playground times so only one group is on the playground at a time. Infants should be positioned as far apart as possible when going outside. Each infant should have his or her own set of toys, preferably with their name, to prevent mixing toys between children. If infants are immobile, lay them each on their own mat or other soft surface that can be easily cleaned. Refrain from using blankets and fabric toys that are not easy to clean. When it is time to transition, clean, sanitize, and disinfect **all** toys and surfaces that were touched by yourself or any of the infants in your group.



# Outdoor Play

Phase 1 & 2 Guidelines for  
Toddlers and Pre-K



## Procedures for Outdoor Play:

Outdoor play is an essential part of every child's day. These guidelines will help you to maintain a safe and healthy outdoor play area for toddlers and pre-k aged children.

1

### Keep Groups Separate

Only one group at a time on the playground.

2

### Maintain Social Distancing

Keep distance between children whenever possible.

3

### Limit Equipment

Do not use playground structures **unless** they can be cleaned and disinfected after use.

4

### Clean, Sanitize & Disinfect

Clean all equipment and toys after each group's use.

Keep groups of children separate while moving to the outdoor play area. Stagger playground times so only one group is on the playground at a time. Keep as much distance as possible between children while walking to the playground. Teach children to walk with their arms in front of them to help keep the space between classmates. If possible, provide each child their own toys or equipment to prevent the spread of germs. Plan outdoor activities and games, such as a Simon Says or a read-aloud, that require little to no physical contact. Refrain from using toys or materials that are not easy to clean. When it is time to transition clean, sanitize, and disinfect all toys and surfaces that were touched by yourself or any of the children in your group. All playground structures **must** be cleaned and disinfected after each use.