

Restrooms

Using the Restroom for
Preschoolers (Phase 1)



Restroom usage is an essential part of the day; therefore, it is important to remember that toilets carry the most germs. For this reason, you should follow sanitary regulations to ensure the safety of the children you serve and yourself. Be sure that hand washing happens before bathroom use (20 seconds) and then follow the following steps:

1

Child will proceed to use the toilet.

2

Remind child to wash hands after using toilet (20 seconds)

3

Sanitize the toilet.

4

Wash your hands (20 seconds).

It is also important to keep in mind that the sink should be sanitized throughout the day.

If using the restroom in a group setting, remember to practice social distancing as the children wait; this can be done by spreading the children six feet apart. Keep the children occupied while waiting by singing and/or having social conversations.



Restrooms

Using the Restroom for
Preschoolers (Phase 2)



Much like Phase 1, let us remember the number of germs that sit on the toilet. Continue following sanitary regulations by sanitizing the toilet throughout the day (at least 3 times per day). The following steps should be followed during Phase 2:

1

Have child wash their hands prior to using the toilet (20 seconds)

2

Child will then proceed to use the toilet

3

Remind child to wash hands after using toilet (20 seconds)

4

Wash your hands if you're providing the child with assistance or if you've sanitized the toilet (20 seconds)

It is also important to keep in mind that the sink should be sanitized throughout the day.

If using the restroom in a group setting, remember to continue practicing social distancing as the children wait; this can be done by spreading the children six feet apart. Keep the children occupied while waiting by singing and/or having social conversations.