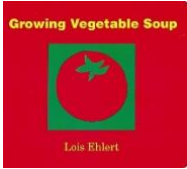

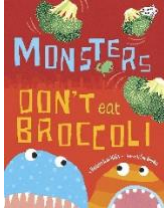
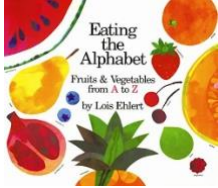
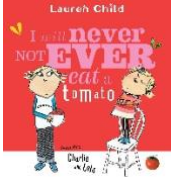




## Parent Extended Learning Opportunities

Week of May 18<sup>th</sup>-22<sup>nd</sup>, 2020

Focus: "What's On Your Plate?"

Monday	Tuesday	Wednesday	Thursday	Friday
<h3>Story Reading</h3> <p>Story time is a great way to bond with your child and to build your child's comprehension skills!</p>				
<p><b>Recommended Reading:</b></p> <p>"Growing Vegetable Soup" By Lois Ehlert</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> If you had a garden, what vegetables would you plant?</p>	<p><b>Recommended Reading:</b></p> <p>"Rah, Rah, radishes!" By April Pulley Sayre</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Choose a vegetable and look up a recipe for ways it can be cooked.</p>	<p><b>Recommended Reading:</b></p> <p>"Monsters Don't eat Broccoli" By Barbara Jean Hicks</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Be a role model and eat your fruits and vegetables</p>	<p><b>Recommended Reading:</b></p> <p>"Eating the Alphabet" By Lois Ehlert</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Discuss your favorite fruits and vegetables. Share the letter and the sounds.</p>	<p><b>Recommended Reading:</b></p> <p>"I will never NOT EVER eat a tomato" By Lauren Child</p>  <p>Use this <a href="#">link</a> to hear the story read aloud.</p> <p><b>Parent Tip:</b> Have a little fun and try a new vegetable.</p>
<p><b>Virtual Field Trips</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Trip to the Grocery Store</a></li> <li>• <a href="#">Chocolate Factory Field Trip</a></li> <li>• <a href="#">Bake Shop Field Trip</a></li> <li>• <a href="#">Making Smoothies with Zhuri</a></li> </ul>		<p><b>Music and Movement</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Coco Magical Guitar Surprise</a></li> <li>• <a href="#">Our Favorite Food Songs For Kids!</a> <ul style="list-style-type: none"> <li>• <a href="#">The Yum Song!</a></li> </ul> </li> <li>• <a href="#">Fruit Salad, Yummy Yummy!</a></li> </ul>
<h3>Outdoor/Indoor Play</h3> <p>Play is a natural way for young children to discover and make sense of the world around them.</p>				

<p><b>Infants:</b> While feeding your baby, sing your favorite lullaby.</p> <p><b>Toddlers:</b> <i>Fill and Dump</i>—Allow your toddler to fill up boxes and buckets with blocks and small toys, and then dumping them out again and starting all over</p> <p><b>Preschoolers:</b> Plant a vegetable garden. Watch the short <a href="#">video</a> to learn more about planting a garden with children.</p>	<p><b>Infants:</b> While your baby eats, hold his foot in your hand and count his toes in a sweet, sing-song way.</p> <p><b>Toddlers:</b> Vegetable Stamping/Painting- Cut a variety of veggies (e.g. celery, corn on the cob, broccoli, bell pepper, etc.) in half and encourage your child to make imprints</p> <p><b>Preschoolers:</b> Continue planting and grooming your garden. Use this <a href="#">link</a> to learn more about gardening with children</p>	<p><b>Infants:</b> Feeding your baby in a darkened, quiet spot may help to keep them from being distracted during her feeding.</p> <p><b>Toddlers &amp; Preschoolers:</b> Tissue Paper Painting- Use the <a href="#">link</a> to learn more about painting with tissue paper.</p>	<p><b>Infants:</b> Finish feeding and burping with a hug. Hold your baby close to you and tell them how big and strong they are becoming, and how much you love them,</p> <p><b>Toddlers:</b> Pasta Play—This activity will help your toddler develop their fine motor skills. Use the <a href="#">link</a> to learn more about the activity.</p> <p><b>Preschoolers:</b> Stack and balance rocks- try other objects to see if they can be stacked or balanced.</p>	<p><b>Infants:</b> Talk about what your baby is eating, the tastes and smells of the food. Respond to them when they make noises, gestures, and speak words.</p> <p><b>Toddlers &amp; Preschoolers:</b> Pack a picnic and your bikes to visit a local park. Enjoy lunch and some physical activities.</p>
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## ADDITIONAL RESOURCES

### *¡Los zombies no comen verduras!*



Join Jaime Camil as he reads to us – “Zombies Don’t Eat Veggies!” This adventurous story is about a Zombie named Mo Romero who loves nothing more than growing, cooking, and eating vegetables. However, his parents seem to differ that vegetables are for zombies. Let’s read to see if Mo Romero can get his parents to change their mind.

[Spanish!](#)

[English!](#)

### **Parents**



Resource: [Learn Language For Free](#)

Article: [“Why is Your Toddler Climbing on Everything?”](#)

Article: [“Bond with Your Baby Before Birth”](#)

Article: [“Mindfulness is Parent Superpower”](#)

### **School Age**

[Exploring the Coral Reef](#)

[Why Are Bees Important?](#)

[Why Beavers Are the Smartest Thing In Fur Pants](#)

