

# FAMILY & NGAGEMENT MONTH ACTIVITIES

**Family Storytelling** 

Share a favorite family story



**Reading Time** 

or memory.

Read a book or story aloud as a family.

Scan for ideas!



**Get Artsy** 

Create a family art project together.





**Science Experiment** 

Conduct a simple age appropriate science experiment or project.

Scan for ideas!



**Career Day** 

Explore and talk about different jobs or careers with your child.



Go Green

As a family, learn more about recycling efforts to reduce, reuse and recycle.

Scan for ideas!



Native American Heritage Month

Talk to your children about the contributions of Native Americans.





# **Cooking Together**

Pick a favorite family recipe. Allow your child to help you prepare the meal. Talk about what their favorite part of cooking dinner was.

# Scan for ideas!



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# Happy & Healthy

Take a walk after dinner as a family. Discuss the benefits of staying active with your child.



**Acts of Kindness** 

Show your child what they can do to spread kindness to others.

#### Scan for ideas!



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# **Veterans Day**

Have an age appropriate conversation about Veterans Day. Do an activity to help them better understand.





# **Screen-Free Sunday**

Dedicate a day to disconnect from screens and engage in conversation.

# Scan for ideas!



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# **World Kindness Day**

Teach children
the importance of
being kind and
how they can be
kind to others.



National Young Readers Day

Read with your child and make a list of things that they wonder about from the book.

Scan for ideas!



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#### **Family Game Night**

Have a family fun evening playing board games together.







# Thankful Thursday

Do a gratitude activity as a family. Discuss what each person is thankful for.

# Scan for ideas!



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# **Gardening Day**

Plant flowers or vegetables in your garden or even in a small container. Teach your child about caring for plants.



#### **Baking Adventure**

Bake cookies or a simple treat as a family. Let your child help with mixing, pouring, and decorating.





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#### **Movie Time**

Watch a familyfriendly movie together, complete with popcorn and snacks.





# Color Scavenger Hunt

Set up a colorthemed scavenger hunt where your child finds objects of a specific color.





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**Look and Find** 

Help your child find numbers, shapes or colors during the day.



**Good Foods** 

Talk to your child about healthy foods and why they are good for us.

Scan for ideas!



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Thanksgiving Day

Enjoy Thanksgiving
Day by spending
quality time with
Family and enjoying
a family dinner
together.







# **Helping Others**

Collect non-perishable food items from
Thanksgiving with your child and donate them to a local Food Bank.

#### Scan for ideas!



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#### **Gratitude Jar**

Start a gratitude jar and add notes of what each family member is grateful for daily.



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# Music and Movement

Play music that your child enjoys.
Dance and sing together!

#### Scan for ideas!



**Fun Day** 

Ask your child what activity they would like to do for the day and have fun doing it together.





### **Giving Tuesday**

Teach your children about the importance of giving to others.

#### Scan for ideas!



**Donations Day** 

Gather items as a family to donate to a local charity or organization.



**Family Art Show** 

Do a craft with your child. Host a family art show to display their art work and celebrate their creativity

#### Scan for ideas!



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